

End-of-Year Zazen

You are warmly invited to

Ei Mei Kan

to join us for

Zazen

7:30 p.m. to 10:00 p.m.
Friday 15 December 2006

to reflect on the past year and renew our energies for
2007.

There will be a light informal meal in the dojo afterwards.



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Member of the British Aikikai (British Birankai), Birankai International and the British Aikido Board
www.eimeikan.org.uk