

# Zen Sesshin

Shokan Marcel Urech

Shogen Dojo, Zurich, Rinzai school, disciple of Eido Shimano Roshi

Saturday 6 May 2006



## Ei Mei Kan Dojo

09:00 Registration

10:00 Morning Service

11:00 Zazen, private interview

12:30 Samu, work

13:00 Lunch

14:30 Zazen, Dharma talk, Zazen

17:00 Finish

Please bring a zebuton, zafu, three bowls  
and dark, loose clothing

Fees: £30, £25 concessionary rate

### Ei Mei Kan

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Willow is green, flower is red

Yanagi wa Midori Hana wa Kurenai